



CORONAVIRUS - (COVID-19) INFORMATION FOR HEALTHCARE PERSONNEL*

CENTERS FOR DISEASE CONTROL (CDC) GUIDELINES

At present, there is no specific antiviral treatment recommended for COVID-19.

People with COVID-19 should receive the appropriate supportive care, to help relieve symptoms. For severe cases, treatment should include care to support vital organ functions.

Healthcare personnel (HCP) are on the front lines of caring for patients with confirmed or possible infection with coronavirus disease 2019 (COVID-19) and therefore have an increased risk of exposure to this virus. HCPs can minimize their risk of exposure when caring for confirmed or possible COVID-19 patients by following CDC infection prevention and control guidelines, including use of recommended personal protective equipment (PPE).

ENVIRONMENTAL CLEANING AND DISINFECTION

Routine cleaning and disinfection procedures are appropriate for SARS-CoV-2 in healthcare settings, including those patient-care areas in which aerosol-generating procedures are performed. Products with [EPA-approved external icon](#) emerging viral pathogens claims are recommended for use against SARS-CoV-2. Management of laundry, food service utensils, and medical waste should also be performed in accordance with routine procedures.



HOW COVID-19 SPREADS

There is much to learn about the newly emerged COVID-19, including how and how easily it spreads. Based on what is currently known about COVID-19 and what is known about other coronaviruses, spread is thought to occur mostly from person-to-person via respiratory droplets among close contacts.

CLOSE CONTACT CAN OCCUR WHILE CARING FOR A PATIENT, INCLUDING:

- being within approximately 6 feet (2 meters) of a patient with COVID-19 for a prolonged period of time.
- having direct contact with infectious secretions from a patient with COVID-19. Infectious secretions may include sputum, serum, blood, and respiratory droplets.

WHEN TO CONTACT OCCUPATIONAL HEALTH SERVICES

If close contact occurs while not wearing all recommended PPE, healthcare personnel may be at risk of infection. If you have an unprotected exposure (i.e., not wearing recommended PPE) to a confirmed or possible COVID-19 patient, contact your supervisor, occupational health, and/or your local Public Health Department, immediately.

If you develop symptoms consistent with COVID-19 (fever, cough, or difficulty breathing), do not report to work. Contact your occupational health services.

PATIENT RESOURCES: We have included with this HDA Newsletter, a quick fact sheet for your patients, in English and Spanish. Please ensure you and your staff keeps abreast of the updated information provided by the CDC and your local Health Department.

**For more information for healthcare personnel, visit:*
<https://www.cdc.gov/coronavirus/2019-nCoV/hcp/index.html>